

TRAINEE PLACEMENT REQUIREMENTS

Introduction

Mind in Enfield offers counselling placements to second year diploma level students and above in a BACP or UKCP accredited training in Integrative, Psychodynamic, and Humanistic modalities.

Individuals with previous, paid or voluntary, work experience in the mental health sector are particularly welcome to apply. Also those with personal experience of mental health issues will be considered.

Trainee Placements are required to attend weekly personal therapy during their placement programme.

Person Specification

All volunteer counsellors on placement at Mind in Enfield are required:

1. To have or work towards obtaining a recognised counselling qualification accredited by the BACP or UKCP.
2. To work within the B.A.C.P. Ethical Framework.
3. To be able to commit to a period of two years Placement Programme.
4. To have a flexible approach to counselling and possess the ability to work with colleagues from other models of counselling / psychotherapy.
5. To have the ability to be sensitive, discreet and a team player.
6. To have a good understanding of legislation and BACP codes of practice regarding Equal Opportunities and Confidentiality.
7. To familiarise themselves to MiE Policies and Procedures. Each Counsellor will undergo a DBS check with the Counselling Manager.
8. To be committed to maintaining membership of their professional body and attaining accreditation.

Job Description

1. To work with up to three clients, offering weekly 50-minute individual sessions.
2. To attend regular and on time to weekly supervision meetings at Mind in Enfield.
3. To be in weekly personal therapy whilst on placement at Mind in Enfield.
4. To maintain detailed case notes and manage own case load administration.
5. To meet with the Service Manager and other members of the team as and when required.
6. To attend group meetings and training seminars as required.
7. To keep their records up to date relating to their progress in training.
8. To participate actively in their Annual Appraisal process involving their self-appraisal along with input from their supervisor and the Counselling Service Manager.
To complete a Supervised Practice Report annually.
9. To attend training days arranged by Mind in Enfield for keeping their practice relevant to the context and setting of the organisation
10. To respond to communication from their supervisor or the counselling service team by checking their emails and voicemail regularly
11. To provide regular data about their attendance and their clients' attendance and provide accurate and timely information for monitoring and reporting
12. Accepting a placement with Mind in Enfield means that you are committing to work within the boundaries and procedures of the organisation at all times, and are required to familiarise yourself with the organisation's policies and procedures.
13. To conduct the work in a way that upholds the values and principles of the profession

Desirable

1. Previous experience of mental health issues in a personal or professional capacity.
2. Experience of working within a multi-cultural environment.

Working within mental health services and with client who experience emotional and psychological distress require the qualities of stability, maturity, genuineness, flexibility and calmness.

For further details or enquiries, please contact Counselling office **020 8887 1491**